

HOMESPUN

Second Edition 2015

Rosewood on Broadway

CONSTRUCTION CONTINUES TO PROGRESS...



Looking into a room from the hallway.

It's hard to believe how quickly time goes by and as a result the construction of the new addition is within four months of being completed. Following the completion of the new addition, construction will begin immediately on the conversion of the small semi-private rooms to private rooms.

After construction is complete, Rosewood on Broadway will have 125 skilled nursing beds with 69 of them private rooms. There will also be additional lounge and dining space for resident and family use.

The lounge area of the new addition will have stained glass installed which helps identify us as a catholic health care ministry. The stained glass both in the new addition and the new Mystic Rose Chapel came to Rosewood from Sacred Heart Church, Orrin, ND when they closed their church.

We also hope to get some of the landscaping work started in the courtyard area so residents can enjoy the outdoors this summer. We look forward to the completion of the addition and moving residents into the new space.



In a room looking to the bathroom and hallway.

“Joy does not simply happen to us. We have to choose joy and keep choosing it every day.”



MEET MARJORIE BERGMAN...

I have had the pleasure of hearing many of the residents' life stories and thought I would share them with you. I hope you enjoy! **Jill Freed & Caylee Hagemeyer - Resident Programming Managers**

Marjorie was born on May 16, 1919 in the town of Argusville, ND. Her mother stayed home with Marjorie along with her brother and sister. Her father provided for the family by working on the railroad. When Marjorie was eleven, her mother passed away. Her father eventually remarried and Marjorie gained one step-sister and one step brother.

Being the children of a railroad worker, Marjorie and her siblings knew a thing or two about the railroad. When the trains would come by, they would often drop flax out of their rail carts. Marjorie and her siblings would then take the flax and boil it down to make a gel-like substance and use it as a hair gel.

Marjorie found many ways to pass the time as a small town gal besides making hair gel. She attended school at the schoolhouse in town. Across from the schoolhouse was the dance hall where Marjorie spent many of her evenings. She enjoyed playing piano and was part of the school's girls' basketball team. Marjorie remembers having to ride in the back of a cattle truck with her team to get to their games. Marjorie was not only a fan of basketball, she enjoyed going to baseball games as well. Maybe it wasn't the game that she liked as much as one of the players on the team, Philip Bergman.

Philip and Marjorie were married on July 19, 1937. They began their life together by moving to Philip's family farm. There they raised sheep, horses, cows, pigs and chickens. Marjorie had no time for those pigs or chickens. One memory that sticks out to Marjorie was when one of the cows decided to walk up the stairs into the haymow. Philip could hear the cow making its way up the stairs, and tried to stop her. Let's just say the cow was more willing to go up the stairs without help than down the stairs with help. More important than raising all those animals was the chance for Marjorie and Philip to raise a family. They had four girls together, Phyllis, Vicki, Connie and Geri.

Marjorie took her job as a farmer's wife very seriously. Not only were the animals a chore but there was never ending work during the threshing season. During those days, Marjorie and her sisters-in-law worked long hour days making 3 meals a day for the "hungeriest on earth," threshers. Even in her spare time, Marjorie was hard at work. She loved to sew. She made many different pieces, including prom dresses for her daughters. She even entered a coat she made into the Cass County Fair.

As the years went on, Marjorie and her husband became world travelers. They visited places such as Hawaii and Sweden. They also traveled to Arizona in the winter and picked up the game of golf. She likes to play a game of cards from time to time too. Marjorie was able to spend 62 great years on the farm until she moved to Fargo. She has been a resident at Rosewood since November of 2013.



FATHER'S DAY

Women, I address especially you when I ask, what do you or what did you look for in a man? On June 21st we will celebrate Father's Day. It's a day that cannot be celebrated apart from the context of relationship with wife and children. It seems that within the world in which we live it is past time to again find something upon which to rejoice on that day. Our world is broken, largely because so many fathers do not commit to their bride, do not sacrifice for wife and children and are stuck in an endless, pleasure seeking adolescence.

Again, I return to the question, "What do you seek in a man?"

Here is something to ponder; you, woman, are special in the finest sense of the word. God created a helpmate for Adam out of his side when he created Eve. She was to be a special sign of God's presence, divine assistance,

continuing love, and was to be his complement in every way; each making up for the others deficiencies and working together as husband and wife; "the two shall become one flesh."

Furthermore, within her he created the power and place to generate new life that humanity might continue to be nurtured, to grow in number and flourish 'til the end of time. Among vocations, the principal and primary vocation of a woman is to become wife and mother and the principal and primary vocation of a man is to become husband and father. A man should be in such awe of woman and this power and place within that he should almost bow in reverence to her as he cherishes her with a full heart.

For a deeper understanding of how this primal relationship must work for good, we look to Ephesians 5: 21 ff. As an aside, it is one of the most difficult passages of Scripture for many to listen to because our pride so easily gets in the way. The most easily overlooked verse, the first, is the key to understanding the rest and thereby it is perhaps the most important: "Be subordinate to one another" out of reverence for Christ. After that the passage goes on to explain how husband and wife are to be subordinate to one another. First, "Wives should be subordinate to their husbands as to the Lord. For the husband is head of the wife, just as Christ is the head of the Church, he himself is the savior of the body". Simply put this means the wife should serve her husband in the same spirit as that of the church's service to Christ. She is to make of herself a gift to him without reserve. How is the husband savior of the body (the one flesh union of husband and wife)? He must go before her as protector, defender and principal provider while pouring himself out in loving service to her and for their children... In this we must never forget the complementarity of the two working together as one...

St. Paul says, "Husbands, love your wives, even as Christ loved the Church and handed himself over for her." What does this mean? The husband is to make a gift of himself to his wife without reserve, emptying himself in service and self-sacrifice. He is to give himself up for her as did Christ for his bride the Church. In a theological sense, he is to be the priest of the domestic church (the family). A priest offers the sacrifice, and that sacrifice is first and foremost, himself, just as Christ offered himself for his bride, the Church. The wife most perfectly images the Church, (which is the Mystical Body of Christ).

Young women, you bear the responsibility of testing the prospective husband and father of your children to see if he is up to the task. The easiest way to test him, and seldom used today, sad to say, is to see if he is able to sacrifice himself by abstaining from sexual relations. If he can wait for you



A father is neither an anchor to hold us back, nor a sail to take us there, but a guiding light whose love shows us the way.

until you are married, he is likely a keeper, if he cannot, better you find out now for the sake of your future family and send him on his way.

Lastly, let me address husbands, fathers and perspective husbands and fathers more directly. You must learn and know how to treat your bride with reverence and respect. You must be ready to devote your whole self to her and your children. Your every desire should be to show your love and to please her. It is not all about you. It is all about you and your bride making the best nest you can with God's help and being the best parents you can be while teaching your children to be responsible as they love and serve others. The best example any father can give his children is to love their mother and to treat her with the utmost respect. He must discipline his children in accord with his wife. Men discipline with more harshness generally and a bit of an edge, while women, are generally more gentle and merciful. The two, husband and wife, working as one lend a balance to raising children. The last word Paul says on the family is in Ephesians 6:4." Fathers, do not provoke your children to anger, but bring them up with the training and instruction of the Lord." I know from my own experiences with my father and raising our sons that it is all too easy to dishearten a child who longs to be like his dad when he is little and is treated too severely when he makes a mistake, while not allowing him the room to grow with proper guidance. Married life and child rearing are difficult at times

and may even seem impossible, but then Scripture reminds us that "with the Lord, everything is possible."

I leave both husbands and wives with this final admonishment, if you will, from Psalm 127:1,"Unless the Lord build the house, they labor in vain who build." Family life must maintain God as its center and focus. Yes, as the old saying goes, "The family that prays together stays together."

Happy Father's Day and our promise of prayers for all of you and your families from the Pastoral Care Staff.



NEWS FROM ROSEWOOD'S DIETARY DEPARTMENT

We held our annual Food Show on Tuesday, June 2nd in the main dining room at Rosewood.

There were eight vendors serving a wide variety of foods. Residents, families and staff tasted and rated the food. The foods with good ratings will be used for menu revisions in the fall.

On Tuesday, June 30th we will be hosting a Men's Dinner at noon in the main dining room for many of the men at Rosewood. There will be a special menu served at that time. A Ladies' Dinner is being planned for July or August.

Rosewood will be hosting a picnic again this year for residents, families and staff. The tentative date for this is Thursday, 6th. We will provide more information at a later time.





NEW CALL LIGHT SYSTEM

Rosewood has recently installed a new call light system. Technology is always changing and improving which means that systems quickly become obsolete. We found with building the new addition that our call light system had already

become obsolete and we would not be able to install that same system in the new addition to Rosewood. We chose the Jeron call light system for its functionality with staff being able to carry pagers to know which residents are needing assistance as well as the ability for us to use the system to assist staff in knowing where their co-workers are in the building. You may notice an audible sound at the nurses station when a call light is on, but the staff pagers will vibrate rather than have an audible sound.

HEALING IMAGES PHOTOGRAPHS

We have 9 new canvas photographs adorning the halls of Rosewood. The photographs are on loan to us from NDSU. NDSU felt that Healing Images would have a positive impact on residents in Nursing facilities, so wrote a grant to bring them to various facilities in Fargo-Moorhead including Rosewood, Sanford, and Hospice of the Red River Valley.

Research has shown that artwork can be a positive distraction to improve health outcomes. The photographs are from professional photographers who donate their photographs for the purpose of “healing”. Residents sometimes connect with images that bring memories of the past – maybe when they were driving down a country road near their farm or the leaves as they turn colors in the fall. Photographs can generate discussions of good times had or of their younger days.

The photographs are available for purchase if anyone would like to donate one to Rosewood or purchase one for their home. The canvas photos as you see them are approximately \$180 each. Plaques can be added to the photos as well, if you would like to donate in honor of or in memory of a loved one. The full story of the images and many more images are available at www.healingimages.org. If you are interested in any of the photographs – please feel free to call Liz Letness, RN, Director of Nursing at 701-277-7958.



*The day
the goats
came to
visit!*



ROSEWOOD AUXILIARY NEWS

Spring finally arrived. It's been a long winter, and we are all anxious for warm weather. Yes, summer is around the corner. Now, it's time for residents and their families to migrate outdoors and enjoy the sun.

The Auxiliary had their spring tea on May 11th. It was great; in fact there was great food, great company, resulting in a great day. Merrill Piepkorn and Loy Larson provided entertainment. Residents and their families filled the dining room.

Church services at Rosewood are increasing in attendance, in lieu of this, the Auxiliary purchased twenty additional hymnals.

Music is a great past-time at Rosewood. It inspires people and allows us to get in touch with our emotions in a way that is unique. For those amongst us who find it difficult to express ourselves, music can evoke reactions. How does music affect the brain? Music uses both sides of the brain, thus resulting in the overall development of the brain. In fact there was a research conducted at the University of Montreal that proved that all four of the cortex's lobes are activated when the brain is involved in musical activity. In fact during these musical tasks, even the cerebellum of the brain is activated. It improves abilities of expression and also enhances intelligence of a person. To help stimulate those music emotions, the Auxiliary purchased three new CD players for the residents.

Summer is a time spent at the lake, golfing and attending reunions. The summer is so short in Fargo, that we suspend our Auxiliary meetings so that members can enjoy this precious time with family and friends. Our next meeting is scheduled for September 3, 2015. If you're interested, please plan on attending the September meeting, we encourage and need new members, please consider becoming a part of the Auxiliary team.

The Auxiliary continues to sponsor pie day on the first Thursday of each month. The profits from pie day are used to purchase needed items for the residents. The Auxiliary is funded in part with pie day. We're also subsidized by donations and memorials. Your donations go directly to helping the residents at Rosewood. Checks can be made to the Rosewood Auxiliary. Our next pie day is scheduled for July 2, 2015. Please come and join us.

MILESTONE ANNIVERSARIES

This year Rosewood is proud to congratulate the following staff members who are celebrating milestone anniversaries:

Lori Kelly—35 years
LaVonne Olander—30 years
Les Ringdahl—30 years
Carla Gingerich—25 years
Sandy Phillips—20 years
Shannon Beauchamp—15 years

Jill Bennett—15 years
Hilary Sjostrom—15 years
Nicole Coughlin—10 years
Char Dotting—10 years
Stacey Kramer—10 years
Sherri Suckow—10 years

In addition, residents and families nominated 27 of Rosewood's staff members for the North Dakota Caregiver of the Year Award. In the past, Rosewood has had two winners of this award.

As each has received a gift, use it to serve one another, as good stewards of God's varied grace. 1 Peter 4:10

ACTIVITIES and EVENTS AT ROSEWOOD

CHURCH SERVICES

Chapel services – Sunday and Wednesday at 2pm
Chaplet of Divine Mercy – 3pm Wednesday
Catholic Mass – Thursday at 10am
Rosary and communion – Monday at 10am
Bible Study – Thursday at 1pm
Benediction and Holy Hour – Friday at 3pm
First Lutheran Communion Service – 4th Wednesday at 2pm

BINGO

Monday, Wednesday, Thursday, Friday at 5:30pm
Tuesday and Saturday at 2pm

COMMUNITY COUNCIL MEETING

Dakota Rose (3rd floor) last Tuesday of each month at 1:30pm
Prairie Heights (4th floor) last Wednesday of the month at 3pm
Second floor 1st Thursday of each month at 2pm



Rosewood Auxiliary's Pie Day Fundraiser – 1st Thursday of the month at 1:30pm
Daily coffee/Social Time – 1:30 – 3pm in the dining room

LIVE MUSIC & ICE CREAM EVERY FRIDAY AFTERNOON AT 2PM

June:

5th Steve Kraushaar
12th Rockin' 60's
19th Island Steel Drummer
26th Chuck Fox

July:

3rd Steve Kraushaar
10th Rockin' 60's
17th Brian Brietbarth
24th Sideline
31st Les Jensen

August:

7th Steve Kraushaar
14th Rockin' 60's
21st Brian Brietbarth
28th Raw Sugar

Mission Statement

Rosewood on Broadway, inspired by the Sisters of Mary of the Presentation, serves those in our care with respect and compassion as we strive to fulfill the healing mission of Jesus.

Homespun is available on line on our website: www.rosewoodonbroadway.com

If you would like to be removed from the Homespun mailing list, please contact the receptionist at 701-277-7999.

ROSEWOOD DEPARTMENT COORDINATORS

Administrator/CEO— Tony Keelin
Director of Nursing—Liz Letness
Finance Director—Meldine Tang
Dietary Manager—Deb Anderson
Environmental Services Coordinator—LaVonne Olander
Case Management Coordinator—Teri Walter
Pastoral Care—Deacon Jim Hunt



Many thanks to Eileen Waldera for preparing this newsletter for mailing!

Rosewood on Broadway
1351 Broadway
Fargo, ND 58102